LUNCH – WEEK 37 (9.-15.9.2024)

MON Lunchbuffet — Slow-cooked pork in ramen broth (*D, L, G*, A*) — **13,50 €**
Citrus-seasoned curry chicken sauce (*L, A*)

Side — Long-grain rice (*Veg, D, L, G**)
Hasselback potatoes (*LL, G*, A*)
Steamed carrot (*Veg, D, L, G**)

Soup — Spinach and asparagus soup (*L, A*)

Vegetarian lunch — Australian chickpea and vegetable stew (*Veg, D, L, G**)

Dessert — Fruit quark (*L, G*, A*)

TUE Lunchbuffet — Pesto-coated rainbow trout (*L, G*, A*) — **13,50 €**
Tzaziki (*L, G*, A*)
Lingonberry purée (*Veg, D, L, G**)

Side — Bulgur (*Veg, D, L, A*)
Rice with root vegetables (*Veg, D, L, G*, A*)
Semi-dried tomatoes (*Veg, D, L, G**)

Soup — Zucchini and fennel soup (*L, G*, A*)

Vegetarian lunch — Keftedes - vegan cheese and tomato patties (*Veg, D, L, G**)

Dessert — Chocolate pudding (*L, G*, A*)

WED Lunch — Chili con Carne - Mexican meat and bean stew (*D, L, G*, A*) — **13,50 €**
Blackened-seasoned chicken fillets (*D, L, G*, A*)
Yogurt dressing with herbs (*L, G*, A*)

Side — Long-grain rice (*Veg, D, L, G**)
Garlic potatoes (*Veg, D, L, G**)
Steamed cauliflower and green beans (*Veg, D, L, G**)

Soup — Apple and celery soup (*L, G*, A*)

Vegetarian lunch — Antell's homemade spinach pancakes (*L, A*)
Red onion mousse (*L, G*, A*)

Dessert — Passionfruit pannacotta and mango salad (*L, G*, A*)

THU Lunchbuffet — Rye-breaded chicken cutlets (*D, L, A*) — **13,50 €**
Bell pepper and chili mayonnaise (*D, L, G*, A*)
Burgundy beef stew (*D, L, G*, A*)

Side — Wild rice (*Veg, D, L, G**)
Fried potatoes (*Veg, D, L, G**)
Herb-roasted cauliflower (*Veg, D, L, G**)

Soup — Pureed coconut and carrot soup (*Veg, D, L, G**)

Vegetarian lunch — Asparagus risotto (*L, G*, A*)

Dessert — Antell´s homemade Åland pancake (*L, A*)

FRI Lunchbuffet — Pork cutlets (*D, L, A*) — **13,50 €**
Fried vendace (*D, L, A*)
Aioli (*D, L, G*, A*)

Side — Potatoes with dill (*Veg, D, L, G**)
Herb-seasoned green beans (*Veg, D, L, G**)

Soup — Curry and cauliflower soup (*Veg, D, L, G**)

Vegetarian lunch — Tomato and kalamata olive pizza (*L, A*)

Dessert — Lingonberry delight (*L, A*)