

## LUNCH – WEEK 4 (20.-26.1.2025)

<b>MON</b> Lunch buffet	Game meatballs (A, L) Shahi paneer - Indian cashew and tofu sauce (A, G*, L) Jerusalem artichoke soup (A, G*, L)
Warm side	Herb-roasted potatoes (G*, L, D, Veg) Bbq-sweet corn (L, D, Veg)
Dessert	Rosehip and honey yogurt (A, G*, L) Coffee (A, G*, L)
<b>TUE</b> Lunch buffet	Breaded flatfish fillets (A, L, D) Antell's homemade fava bean and mushroom patties (A, L, D, Veg) Coconut and corn soup (A, G*, L, D, Veg) Tarragon and sour cream dressing (A, G*, L)
Warm side	Quinoa and rice with herbs (G*, L, D, Veg) Steamed cauliflower and green beans (G*, L, D, Veg)
Dessert	Strawberry kissel (G*, L, D, Veg) Coffee (A, G*, L)
<b>WED</b> Lunch buffet	Chicken with satay sauce (A, G*, L, D) Vegetable korma (A, G*, L) Oriental pureed chick pea soup (G*, L, D, Veg)
Warm side	Turmeric rice (G*, L, D, Veg) Green beans morning glory (A, G*, L, D)
Dessert	Mango quark (A, G*, L) Coffee (A, G*, L)
<b>THU</b> Lunch buffet	Antell's homemade minced meat patties (A, G*, L, D) Onion sauce (A, G*, L) Vegetarian moussaka (A, G*, LL) Vegetable Borscht with smetana (A, G*, L)
Warm side	Chili roasted sweet potato (G*, L, D, Veg) Soybean, eggplant and red cabbage bake (A, G*, L, D, Veg)
Dessert	Rice pudding mousse with fruit (A, G*, L) Coffee (A, G*, L)
<b>FRI</b> Lunch buffet	Chicken burgers with cheddar cheese (A, L) Australian chickpea and vegetable stew (G*, L, D, Veg) Black salsify soup (A, G*, L)
Warm side	Grilled potatoes (G*, L, D, Veg) Grilled zucchini and bell pepper (G*, L, D, Veg)
Dessert	Antell's homemade bread pudding (A, L) Coffee (A, G*, L)

We reserve the right to changes. **(Veg)** Vegan **(D)** Dairy free **(L)** Lactose free **(LL)** Low in lactose **(G)** Gluten free **(A)** Includes allergens. Includes some of the following allergens: eggs and egg products, milk and dairy products, shellfish, molluscs, fish, peanuts, sesame, soya, sulphur dioxide and sulphites, nuts, cereal's containing gluten, celery, mustard and lupin.

We use meat from Finland. We will notify in writing if the origin is some other country.